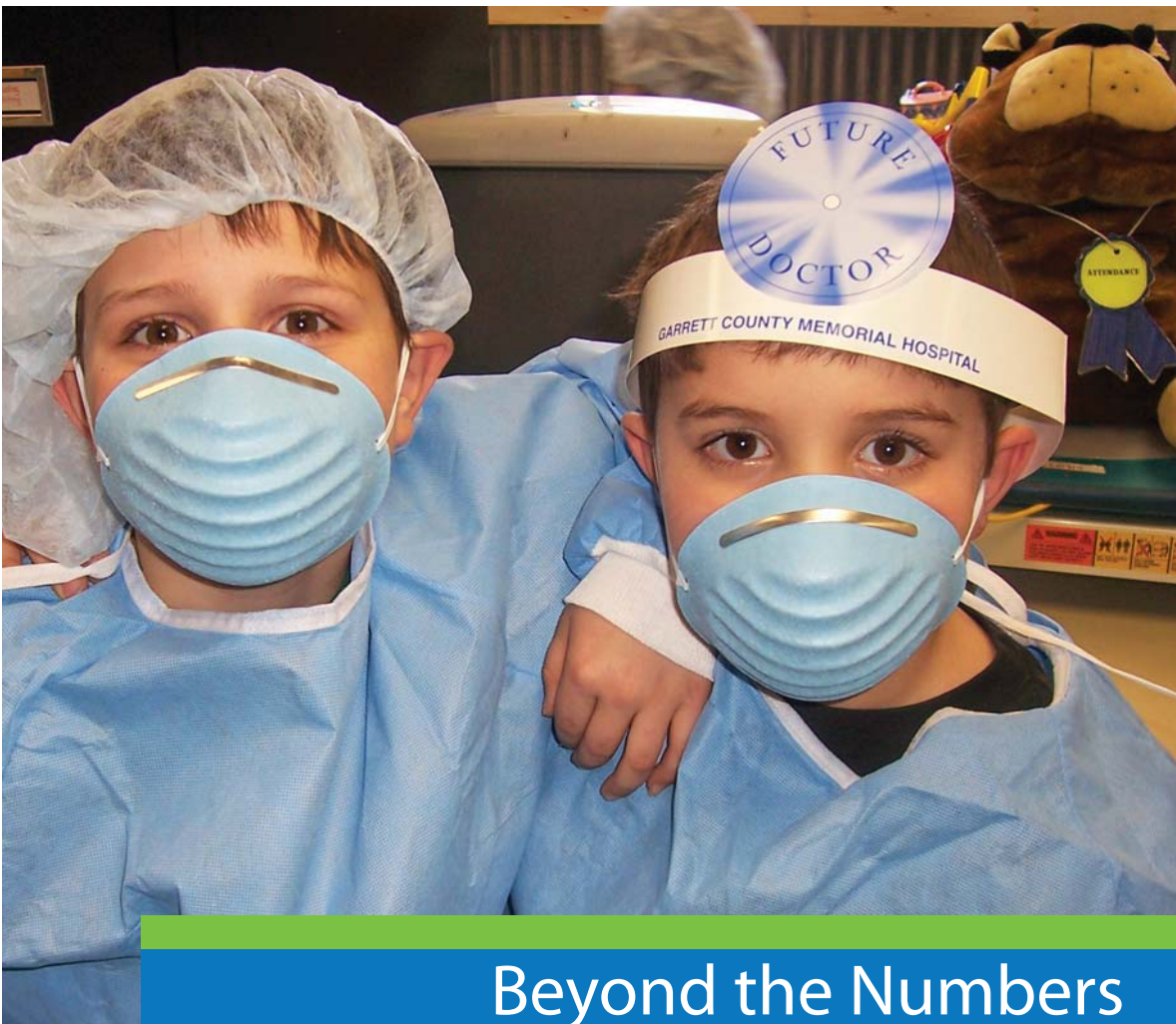


Maryland Hospitals' Community Benefits



Beyond the Numbers



Maryland
Hospital Association

Maryland Hospitals' Community Benefits Beyond the Numbers

Introduction

Every day, in communities throughout the state, Maryland hospitals are touching lives—in ways we least expect. We know that hospitals are always there when we need them for emergencies, lifesaving and life-enhancing treatments, welcoming new lives into the world, and helping patients and families at the end of life—and they care for all regardless of an individual's ability to pay. But, Maryland's hospitals' contributions to the quality of our life and health go well beyond the walls of the hospital.

Maryland's 68 hospitals and health systems offer a variety of programs and services to help communities maintain and enhance their health, including initiatives that provide financial assistance to the uninsured; mobile vans and clinics that deliver needed primary and preventive care; educational programs to raise awareness of healthy lifestyles; targeted services for helping maintain weight and physical activity; programs for managing chronic conditions like diabetes and asthma; and tackling Maryland's public health challenges like reducing infant mortality and expanding preventive services and screenings to educate, identify, and treat diseases like cancer.

What are Community Benefits?

Many of the initiatives hospitals conduct for their community are called "community benefit" activities. Hospitals provide a basic, or traditional community benefit, as not-for-profit organizations, which provide needed health care services to all regardless of ability to pay. Maryland hospitals offer this benefit through financial assistance subsidies and charity care for those unable to pay; part of these benefits are subsidized through the state-set rates paid to hospitals.

In addition to serving as the safety net for all, Maryland hospitals offer non-traditional community benefits with little or no compensation—both on the hospital campus and in the community—to improve health status, increase access to care, and enhance the quality of their communities' lives.

Maryland hospitals annually submit community benefits reports to the Health Services Cost Review Commission (HSCRC), documenting the contributions they make to caring for their communities. Beginning in 2005, the HSCRC began publishing the "Maryland Hospital Community Benefits Report" that show the dollars hospitals contribute toward improving community health and highlight how hospitals throughout the state are meeting their missions to provide access to health care.

Visit www.hscrc.state.md.us to view the report.



Maryland hospitals provided care for 689,828 people admitted to their facilities; treated approximately 2.3 million people in their emergency rooms; welcomed more than 76,000 babies into the world; and served as a safety net for approximately 760,000 uninsured Marylanders.

Community Benefits are examined by the following categories:



Alleviating Children's Fears About Hospitals

For over 20 years, **Garrett County Memorial Hospital** has hosted a field trip to the hospital for all first graders in the county to help them become more at ease when getting tests and procedures done. In cooperation with the Garrett County Board of Education, the students tour the emergency room and learn about monitoring the heart, taking blood pressures, getting bandages applied, and walking on crutches. In the operating room, the hospital team allows the students to use forceps and a skin stapler, see and touch artificial joints, and demonstrate how a tiny camera lens can be used to show the inside of the body on a larger monitor.

In addition, the children view x-rays in the radiology department and visit the infants in the Family-Centered Maternity Suite.

Charity Care/Financial Assistance takes into account the dollars hospitals spend providing health care service free of charge or at reduced rates to individuals who cannot afford to pay for their care.

\$286.3 million

Mission-Driven Health Services are programs and services, like hospice, mental health, or burn and trauma units, which lose money but are subsidized by Maryland hospitals so that the community has access to these much-needed services.

\$191.5 million

1,049,971 lives touched

Community Health Services are designed to improve the health of the community and include education and outreach programs, free screenings, support groups, counseling services, wellness and self-help programs, free immunizations, community clinics, and other initiatives that meet community needs such as Meals on Wheels.

\$62.5 million

10,484,175 lives touched

Community Building Activities include hospital initiatives to help make physical and environmental improvements to their communities, and work as community partners to develop healthier community projects, enhance local economic development, provide leadership training and skills development, and help ensure effective disaster preparedness systems.

\$16.9 million

294,720 lives touched

During 2008, hospitals provided over \$861 million in community benefits, or roughly 7.2 percent of operating expenses.

Financial Contributions are funds made by hospitals that help further the mission and goals of community organizations that, in turn, help improve the overall health status and quality of life for a community.

\$17.9 million

149,485 lives touched

Research, including clinical trials, conducted by hospitals that help to advance health care for patients and communities.

\$8.9 million

22,332 lives touched

Health Professions Education, includes clinical training, provided by hospitals for physicians, nurses, technicians, and other health care professionals as well as the funds hospitals devote to helping underwrite the costs of educating scarce health professionals.

\$263.2 million

284,110 lives touched

Community Benefit Operations represent the costs associated with community benefit initiatives including health assessments and staff time dedicated to implementing these programs and services.

\$6.9 million

190,002 lives touched

Foundation Community Benefits support health care organization operations and may fund community health improvement programs, activities, and research including, school-based clinics, community partnership development, and other areas that are funded by the foundation.

\$6.9 million

8,178 lives touched



Maryland Hospital Community Benefits, FY 2008

As reported to the Health Services Cost Review Commission

	Number of Staff Hours	Number of Encounters	Direct Costs Net of Offsetting Revenue	All Costs+ Net of Offsetting Revenue
Charity Care				\$286.3 million
Mission Driven Health Services	1,917,105	1,049,971	\$138.4 million	\$191.5 million
Community Health Services	665,184	10,484,175	\$38.6 million	\$62.5 million
Community Health Education	304,264	9,680,422	\$14.7 million	\$23.5 million
Support Groups	15,468	64,395	\$0.7 million	\$1.1 million
Self-Help	34,031	176,733	\$1.2 million	\$2.2 million
Community-Based Clinical Services	93,186	107,449	\$5.9 million	\$9.8 million
Screenings	27,804	84,051	\$1.6 million	\$2.6 million
One-Time/Occasionally Held Clinics	6,905	33,894	\$0.4 million	\$0.8 million
Free Clinics	4,176	17,498	\$0.2 million	\$0.3 million
Mobile Units	15,309	6,248	\$0.8 million	\$1.1 million
Health Care Support Services	117,972	189,904	\$10.5 million	\$17.1 million
Other	46,070	123,582	\$2.5 million	\$4.1 million
Community Building Activities	182,788	294,720	\$11.5 million	\$16.9 million
Physical Improvements/Housing	1,386	184,339	\$2.0 million	\$2.4 million
Economic Development	18,753	5,812	\$0.9 million	\$1.6 million
Support System Enhancements	47,042	21,687	\$2.0 million	\$3.3 million
Environmental Improvements	9,686	224	\$0.3 million	\$0.4 million
Leadership Development	12,219	8,054	\$0.6 million	\$1.0 million
Coalition Building	7,228	8,874	\$0.7 million	\$1.1 million
Community Health Improvement Advocacy	9,763	31,005	\$0.8 million	\$1.2 million
Workforce Enhancement	20,975	13,552	\$2.4 million	\$3.7 million
Other	55,736	21,173	\$1.9 million	\$2.3 million
Financial Contributions	36,077	149,485	\$16.3 million	\$17.9 million
Cash Donations	1,924	6,738	\$5.4 million	\$6.5 million
Grants	0	0	\$0.4 million	\$0.4 million
In-Kind Donations	30,516	140,357	\$4.2 million	\$4.6 million
Cost of Fund Raising for Community Programs	3,637	2,390	\$0.4 million	\$0.5 million
Sales Taxes, Property Taxes, Income Taxes*	0	0	\$5.9 million	\$5.9 million
Research	78,509	22,332	\$7.3 million	\$8.9 million
Clinical	66,877	21,805	\$4.4 million	\$6 million
Community Health Research	1,131	150	\$0.08 million	\$0.08 million
Other	10,501	377	\$2.9 million	\$2.9 million
Health Professions Education	4,333,042	284,110	\$200.7 million	\$263.2 million
Physicians/Medical Students	3,791,388	55,573	\$179.7 million	\$237.4 million
Scholarships/Funding for Professional Education	10,964	5,500	\$2.5 million	\$2.6 million
Nurses/Nursing Students	311,229	115,828	\$11 million	\$13.8 million
Technicians	37,500	10,830	\$1.2 million	\$1.7 million
Other Health Professionals	134,507	59,337	\$4.8 million	\$5.8 million
Other	47,455	37,042	\$1.4 million	\$1.8 million
Community Benefit Operations	53,168	190,002	\$4.4 million	\$6.9 million
Dedicated Staff	44,371	128,223	\$2.1 million	\$3.3 million
Community Health/Health Assets Assessments	1,743	254	\$0.1 million	\$0.2 million
Other Resources	7,054	61,525	\$2.2 million	\$3.5 million
Foundation Community Benefit~	66,334	8,178	\$6.5 million	\$6.9 million
Community Services	59,797	5,627	\$5.4 million	\$5.8 million
Community Building	6,537	2,540	\$1 million	\$1.1 million
Other (Please indicate below):	0	11	\$0.02 million	\$0.02 million
Total Net Community Benefit*	7,332,206	12,482,972	\$710.1 million	\$861.1 million
<i>As a percent of operating expenses</i>			5.96 %	7.22 %

*Net community benefit equals cost of the cost of providing community benefit activities less offsetting revenue.

~Offsetting Revenue could include grant monies, hospital funding, and other funding.

~Foundation benefits reflect those community benefits hospitals provide under the auspices of their foundations.

+All costs equals direct plus indirect costs.

Improving/Providing Access to Care

Lack of health insurance coverage may be one of the strongest indicators of lack of access to health—and today the number of uninsured in Maryland is nearly 800,000. In addition to financial and insurance barriers, other factors impeding access to care include cultural and language barriers and the availability of health care professionals and services.

Maryland hospitals conduct all types of programs, such as health and dental clinics for the uninsured and community health screenings, in an effort to provide all Marylanders with access to health care services.

Restoring Oral Health



For close to three years, the **Anne Arundel Medical Center** Free Adult Dental Clinic has treated nearly 3,000 patients, free of charge. Staffed by volunteer dentists of varying specialties, dental assistants, hygienists, translators, and administrative staff, the clinic aims to restore dental health and minimize health risks such as hypertension, heart disease, and diabetes—conditions shown to be made worse by poor dental health. In its third year, the clinic launched a new grant-funded denture program to assist patients who lost

their teeth through gum disease and decay. Over 100 dentists volunteer to support the clinic's operation, which is part of the Annapolis Outreach Center. The Center provides a safety net of free health care for the uninsured and underserved in Anne Arundel County. Anne Arundel Medical Center established the Center in 1994.

Creating Healthy Partnerships in the Community

Howard County General Hospital has developed a partnership with The Mall in Columbia, bringing health care screenings and education to the community. From the Howard's Play Area, which offers families a safe and fun way to reinforce healthy lifestyles, to clinics focused on healthy kids, cancer prevention and early detection, the hospital is bringing medical expertise where individuals and families congregate.

Bringing Primary Care to New Americans

As the needy Hispanic population of East Baltimore grows, so does **Johns Hopkins Health System's** efforts to meet their health care needs. A growing number of physicians, including pediatricians, psychiatrists, and primary care doctors, are donating their time to help immigrant families lead healthier lives. Part of a multi-hospital effort, the Esperanza Center in Fells Point is offering affordable primary care services to uninsured, Spanish-speaking immigrants. Increasingly, uninsured Hispanics are seeking care at the East Baltimore Medical Center, a Johns Hopkins Community Physicians-run primary care facility, which offers a weekly "Spanish clinic" where patients receive medical health in Spanish and pay as little as \$5 per visit.



Health Partnership with Seniors

Greater Baltimore Medical Center (GBMC) created a partnership of community outreach with the Assistance Center for Towson Churches and five senior income-restricted housing facilities to provide health care services to improve the health of the underserved population in neighborhoods surrounding the hospital's campus. A nurse practitioner specializing in geriatrics visits the apartment buildings 1-2 times per week providing health screenings, exercise classes, and basic health services such as blood pressure and glucose monitoring, immunizations, and medication review. The nurse practitioner also offers an assessment of acute medical problems and provides monthly education on topics such as fall prevention, memory loss, depression and osteoporosis. Since the program was launched, the nurse practitioner has made more than 400 medical visits, administered 100+ flu-pneumonia vaccines, has made 20 referrals to other medical providers, and initiated weekly exercise classes in several of the facilities.



Expanding Partnerships to Enhance Uninsured Access

For the past three years, **Adventist HealthCare**—through its Shady Grove Adventist and Washington Adventist hospitals—has provided more than \$1 million in support for a mobile medical vehicle that has provided care to more than 3,000 patients without insurance or could not afford to pay for care in Montgomery County. To meet the need for additional services in Upper Montgomery County, Shady Grove Adventist Hospital and MobileMed opened the MobileMed Upcounty Primary Care Clinic in 2008 that is anticipated to serve over 1,000 county residents during its first year.



Connecting the Community to Health Care

Daniel Ruppert of Lexington Park was experiencing slight complications after back surgery and needed to consult a doctor, but he didn't have health insurance and couldn't afford to see a primary care physician. He turned to the Get Connected to Health Program, a low-cost primary service for uninsured residents of St. Mary's County, sponsored by **St. Mary's Hospital** and other local partners and made available through the Health Connections Mobile Health Outreach Center. This service links people to a community primary care provider, improving the quality of life for county residents.



Promoting Primary and Preventive Care

Twice a year, the **University of Maryland Medical System** sponsors free community health fairs as part of the national "Take a Loved One to the Doctor Day" initiative. Several thousand Marylanders receive free screenings for cholesterol, blood pressure, blood sugar, vascular health and other medical conditions during these local events.



Providing a Medical Home for Those in Need

The **Upper Chesapeake Health**Link Primary Care Clinic offers a medical home for the underserved and homeless of Harford County. Through a medical mobile van, physicians and nurses visit three locations and a shelter to care for individuals. With the ever-growing need for health care services, the clinic has grown from 64 visits in 2001 to a projected 2,400 visits in 2008. Not only has this service provided better primary care, it has reduced the need for local emergency room visits.

First Steps (Primeros Pasos) for Infants and Toddlers

The **Kennedy Krieger Institute's** Department of Family Support Services and the Baltimore Infants and Toddlers Program have partnered to provide outreach, training, and service in the Baltimore Latino/Hispanic community for infants and toddlers who are eligible for early intervention services and their families. An early intervention service coordinator, who speaks Spanish and is familiar with the Baltimore Latino community, provides assistance to families in securing early intervention services in areas of the child's and family's identified resources, priorities, and concerns.

These services include: family education, counseling, and support; special instruction; speech pathology and audiology; occupational therapy; physical therapy; and psychological services.

"Getting it Right"

More than 350 women have become more engaged, energized and empowered to live a healthier life thanks to the Getting it Right Program sponsored by **Franklin Square Hospital Center**. Recognizing that 59 percent of women forego preventive care due to financial constraints, Franklin Square began this program to help underserved women between the ages of 35 and 60 access health screenings and attend preventive workshops on topics ranging from heart disease and osteoporosis to varicose veins and stress management as well as provide educational tools to take charge of their health and the health of their families.



Designing Ethnic and Cultural Health Services

Recognizing the link between the shortage of minority health care providers and poorer health for minority communities, **Holy Cross Hospital** established the Ethnic Health Promoter program in July 2001. Begun as a collaborative effort with the Montgomery County Cancer Crusade, the program trains ethnic health promoters. Their outreach effort targets racial and ethnic minority populations that may have reduced access to care because of financial or geographic constraints, varying cultural practices, or lack of knowledge of the country's health care system. The ethnic health promoters provide vital information about health maintenance and wellness, disease prevention and the importance of early disease detection. During 2007, the Program had 21,630 encounters with the community.



Combating Obesity

An estimated 62 percent of Maryland adults were overweight or obese in 2007. Adult obesity alone increased in Maryland by 50 percent in the last ten years. Obesity is linked to poor health and a number of chronic conditions including high blood pressure, high cholesterol, diabetes, arthritis, and asthma. The increasing incidence of diabetes in children is suspected to be directly related to the rise in obesity. In partnership with other organizations, Maryland hospitals are developing and conducting programs that teach healthier lifestyles through better nutrition and increased physical activity.

Fit 'N Fun for Kids

Learning to make choices to maintain a healthier lifestyle is the goal of the Fit N Fun program for kids aged eight to 13, sponsored by [Washington County Health System](#). Targeted to kids who are at high risk for diabetes, cardiovascular disease and high blood pressure, the program brings kids and parents together to learn about healthy meals, good nutrition, and fun physical activity. The initial 12-week program is followed by nine monthly sessions to build on what they have learned and to chart progress. Begun with grant funding from Maryland Physicians Care, a managed care program, this healthy lifestyles program has yielded impressive results. One participant lowered her total cholesterol value by 70 points—while another lowered her triglyceride level by 156 points.

Tomorrow's Workforce

According to recent MHA studies, Maryland will have a shortfall of 10,000 nurses in less than ten years. Maryland is also short on physician supply—16 percent below the national average of physicians in clinical practice.

Who Will Care? Initiative

Maryland's nursing schools have had to deny admission to thousands of qualified applicants each year because they are operating at capacity and cannot afford to expand. That prompted the Maryland Hospital Association to convene a work group of health care and nursing academic leaders to find a solution. The work group resolved to expand nursing program enrollment to double the number of RN graduates in Maryland. This kicked off the *Who Will Care?* campaign to seek public and private sector funding to increase Maryland schools' capacity to educate an additional 1,800 nursing students per year; increase faculty by a total of 360 positions; expand access to classrooms and clinical sites; improve student graduation rates by increasing retention efforts and offering more accelerated programs; and, secure funding for additional technology for nursing programs.

Hospitals have led the effort both contributing and raising \$15 million individually and from other private donations to achieve this. Based on the generosity of Maryland hospitals, the first grants to nursing schools willing to expand will occur in 2009. Hospitals and MHA continue to be aggressive advocates for public sector funding for this initiative as well.

Scholarship Programs at Local Hospitals

While statewide initiatives are underway to build tomorrow's health care workforce, individual hospitals also are conducting programs at the local level. With the help of generous support from the community, [Atlantic General Hospital](#) provides scholarships to area students who wish to pursue a career in nursing. The assistance covers the cost of tuition and books, in exchange for a student agreeing to work at the hospital upon graduation. Health care coverage is also provided to scholarship students and their families. For some, this program offers the only avenue to achieving their professional dreams. For others, it is the encouragement they need to stay in the area and contribute their nursing skills during a time of national shortage.

Working to Reverse the Trend in Infant Mortality

Maryland has one of the highest infant mortality rates in the nation despite its status as one of the wealthiest states in the U.S. Hospitals are working to reverse this trend, collectively through initiatives like the [Maryland Patient Safety Center's](#) Perinatal Collaborative and through local efforts and partnerships that strive to provide better access to prenatal care services, improve parenting skills, and build healthier families.

Through the Collaborative, most of the hospitals in Maryland that deliver babies are identifying and implementing clinical practices for safer births, working together to attain the goal of zero preventable adverse events related to labor and delivery.

At the local level, hospitals are engaged in efforts like the Frederick Memorial Hospital Auxiliary Prenatal Center. This Center, which resulted from a partnership between [Frederick Memorial Healthcare System](#) and the Frederick County Health Department, provides prenatal care for women with no insurance or who are covered by Medicaid but do not have access to physicians. Many of the women in the program are high-risk pregnancy patients, and others have medical conditions of which they are unaware that they may pose significant risk to full-term fetal development. Since its opening this year, the FMH Auxiliary Prenatal Care Center has cared for 283 patients.



Comprehensive Heart Care for the Most Vulnerable

[Suburban Hospital](#), through a variety of community partnerships, offers a broad range of cardiovascular services in the community. In collaboration with MobileMed, a safety clinic, Suburban offers free cardiovascular diagnostics, interventional and diagnostic radiology, laboratory

and inpatient services for patients who are uninsured, homeless, and unemployed. Preventing cardiovascular disease through education and outreach services, including screenings at community locations, has also been a focus, with a 523% increase to residents in Southern Maryland over the last three years.

Preventing Life-Threatening Illness

Heart disease and cancer are the leading causes of death in Maryland. Cardiovascular disease is largely preventable through reduction and control of known risk factors including lack of physical activity, unhealthy eating, smoking, high blood pressure, high blood cholesterol, and diabetes.

Cancer is the second leading cause of death among all age groups in Maryland, accounting for 23 percent of all deaths and the Maryland age-adjusted cancer mortality rate is higher than the overall U.S. cancer mortality rate. Four cancers accounted for more than half of all cancer deaths—lung cancer, colorectal cancer, breast cancer, and prostate cancer. Maintaining a healthy lifestyle, such as not smoking, and screening, early detection, and treatment can help mitigate the risk of cancer and, ultimately, the risk of dying from the disease.

Raising awareness about healthier lifestyles, offering smoking cessation, being “smoke free,” educating about the need for early detection, providing free screenings, helping to effectively treat and then assisting patients in managing cancer, and celebrating survivors are among the ways in which hospitals are helping their communities fight heart disease and win the battle against cancer.





Surviving Cancer: A Photographic Essay

Raising awareness and encouraging women to have potentially life-saving clinical breast exams and mammographies, and to conduct breast self-exams are the focus of a unique event sponsored by **Civista Medical Center**. For over a decade, Civista Medical Center has celebrated the lives of women who have survived breast cancer through a photographic exhibit at the local mall each year during Breast Cancer Awareness month. Each year, 30 women are photographed and share their experiences with breast cancer. Over the course of the last four years, this exhibit expanded to feature local survivors of colon and prostate cancer as well. This exhibit is also placed in the hospital lobby and travels to other sites, such as the local fitness center, government building, and senior center.



Taking the Message to the Community

The Shore Regional Breast Center, a program of **Shore Health System**, has a team that visits health fairs, physicians' offices, hair salons, churches, workplaces, and other community gathering places to educate women about the importance of breast health exams. Supported by funding from the Maryland Affiliate of the Susan G. Komen for the Cure, the team focuses on reaching out to African American and Latino women as well as to the uninsured and underinsured women. In 2008, more than 1,000 women's lives were touched by the Shore Regional Breast Center team.

It's Never Too Soon to Learn About Good Health

For the last four years, 1,000 fourth through eighth grade students in Baltimore, submitted essays about "how a woman I love takes care of me" as part of a contest sponsored by **Good Samaritan Hospital**. Through the essays and subsequent

event at which students read them, students shared stories about how they have lost loved ones to cancer and other diseases and the how they value the strong bond with their female caregiver. The essay contest winners are awarded a saving bonds and breast health kits with valuable information about the importance of annual check-ups, mammograms, good nutrition, and exercise. As one mother noted, "It's never too early for children to learn about good health."

A Girl's Night Out

More than 200 women took part in the first "A Girl's Night Out" (That Could Save Your Life) sponsored by **Saint Agnes Hospital**. This free educational dinner covered the latest treatments and technologies being used to battle breast cancer and included a frank discussion of the emotional journey of breast cancer diagnosis and treatment.



Managing and Reducing Chronic Disease

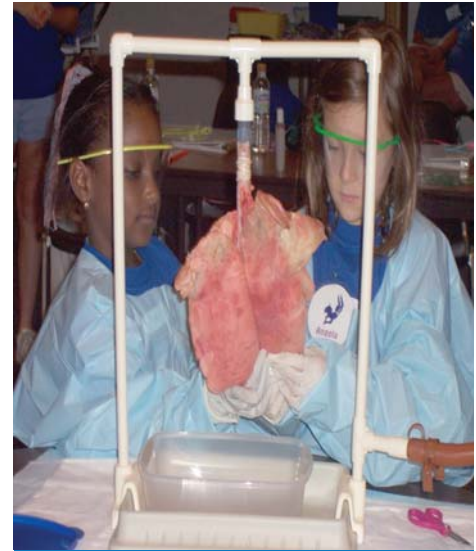
Marylanders are increasingly living with chronic diseases such as asthma, diabetes, and arthritis. The effective management of these diseases has a true impact on the quality of life for those suffering from one or more condition.

In Maryland, an estimated 334,000 people—almost eight percent of adults—have been diagnosed with diabetes and another 143,000 are estimated to have undiagnosed diabetes. Asthma is the leading chronic disease among young people and affects more than 89,000 children in Maryland.

Hospitals throughout Maryland are raising awareness of diabetes prevention, assisting individuals and families manage diabetes, and helping children, families, and adults better manage asthma to have a better quality of life.

Raising Awareness about Diabetes

Peninsula Regional Medical Center hosts two free community support groups to help individuals with diabetes and their family members. Peninsula also administers free diabetes paper screenings as part of the Center's Wagner Wellness Van and at various health fairs throughout the community. Peninsula Regional is also an active participant in the Tri-County Diabetes Alliance, which identifies and educates individuals at risk of developing diabetes in the Eastern Shore community. During a recent partnership with the Blood Bank of Delmarva, over 6,000 community members were tested for diabetes.



Supporting Children with Asthma

Recognizing that asthma not only causes physical challenges, but also emotional ones as children who have the disease often feel left out of peer activities, **Baltimore Washington Medical Center** has sponsored Camp Airways for the last 20 years. This week-long camp provides education, activities, and support for asthmatic children ages 6 to 12. Campers attend educational sessions about anatomy and physiology, medications, asthma triggers, self-monitoring, the hazards of smoking, and good nutrition.



Preventing Substance Abuse

Educating children and adolescents about the dangers of alcohol and drug use is vital because over 70 percent of individuals admitted to alcohol treatment programs report substance abuse use first occurred during adolescence.

Teaching Children About the Dangers of Drug Use

In February 2007, [St. Joseph Medical Center](#) created the Powered by ME! program to educate the community—parents, teachers, coaches, students and student athletes—about the dangers of steroids and other performance enhancing substances, including energy drinks. In partnership with Congressman Elijah Cummings, the Maryland State Department of Education, Baltimore Blast, American Association of Pediatrics – Maryland Chapter, and Towson Orthopaedic Associates, Powered by ME! has reached out to thousands and seeks to engage young people in healthy sports and playing safe, fair and sober.

For additional hospital profiles or to learn more about community benefits, visit www.mhaonline.org.